

**STERNHALL LANE
MEDICAL CENTRE**

10 FEB 2023

NORMAL / SCAN ☐ GP IN: ☐
TCI ☐ QP ☐

COMMUNITY DISCHARGE NOTIFICATION

South London & Maudsley NHS Foundation Trust - Tel: 020 3228 6000

Email Ref: 14646920232814300

Location	Southwark Home Treatment Team	NHS Number	432 663 9189
Consultant	Olusegun Claudius-Adeniyi	Hospital Number	24-57-88
Accepted Date	01/02/2023 00:00:00	Surname	Holder
Date of Discharge	08/02/2023 00:00:00	Forename(s)	Zoe
Date of Report	08/02/2023 00:00:00	D.O.B	31/05/1975
		Age	47
Name and Address of GP	Dr J Love 12 Sternhall Lane Peckham London SE15 4NT	Patient Address	305 Relf Road LONDON Greater London SE15 4JT
Practice Email Address	sternhall@nhs.net		

Discharge Diagnosis
F20.0 - Paranoid schizophrenia

Medication on Discharge						
Medication	Start Date	Dose	Frequency	Form	Route	Who
Lurasidone 74mg tablets	03/02/2023	148mg	OD	Tablet	Oral	David Mirfin
Metformin tablets	02/02/2023	500mg	OD	Tablet	Oral	David Mirfin

Brief Summary
Reason for Referral
Ms. Holder had been receiving input from Southwark Home Treatment Team since 01/02/2023 and discharged on 08/02/2023. We are a short term mental health crisis service and she was referred to us from psychiatric inpatients where she was admitted following concerns raised by her partner regarding the following symptoms:
- Aggression
- Sexual disinhibition
- Non-compliance with medication
Purpose of Home Treatment Team involvement was to offer a period of stabilisation in the community
Progress with Home Treatment Team
- Ms. Holder has not been displaying relapse symptoms and partner has not been reporting any concerns
- Compliant with medication
RISK ASSESSMENT AT TIME OF DISCHARGE
Denies suicidal self-harming thoughts
Denies thoughts to harm others (historical risk of violence towards others when unwell)
Guarantee her safety
Risk of alcohol and/or illicit substance misuse
Self-care ? no current concerns,

Aggression ? towards others went unwell, no aggression reported since transferred to JBU
Denied any current auditory or visual hallucination
Compliance agreeing to continue treatment and engage with CC/HT/CMHT,
History of non-compliance and disengagement
No report of hopelessness/helplessness
Increase vulnerability when unwell
No new physical health concerns

Physical Health

T2DM

Acid reflux

Previous raised prolactin ? 1989 mIU/L on 6/7/22

Previous polysubstance misuse ? heroin and alcohol

Discharge Plan

- Ms. Holder has been discharged to CMHT Dulwich, St Giles St Giles St. Giles House 1 St Giles Road LONDON SE5 7UD. Tel 02073 228 1800.
- Her care coordinator is Agnes Ogbonna and follow up is on Monday 13/02/23 at 2.30pm
- CMHT to kindly continue managing any medication
- Standard reminder for routine physical health monitoring as per NICE Guidance (increased risk of cardio-vascular morbidity in severe mental illness): Annual physical examination and metabolic risk screening: BP, HR, BMI, waist circumference, fasting Glucose/HbA1c, lipids and lifestyle advice: smoking cessation, alcohol consumption, physical activity. If on antipsychotics: To monitor renal function, LFTs, FBC and TFTs every 12/12. If symptomatic: review extrapyramidal symptoms (consider reduction), prolactin and ECG.

Completed By

Name	Zoha Ahmed
Date	08/02/2023 00:00:00

Comments

Crisis plan/ Emergency contacts:
1. SLAM 24 hour helpline= 0800 731 2864
2. Contact for Southwark Home Treatment Team 0203 228 3500.
3. Attend Accident and Emergency (e.g King's A and E (Denmark Hill) or St Thomas's A and E (Westminster Bridge Road) and ask to speak with the mental health liaison nurse.